



**SIMPATHY**

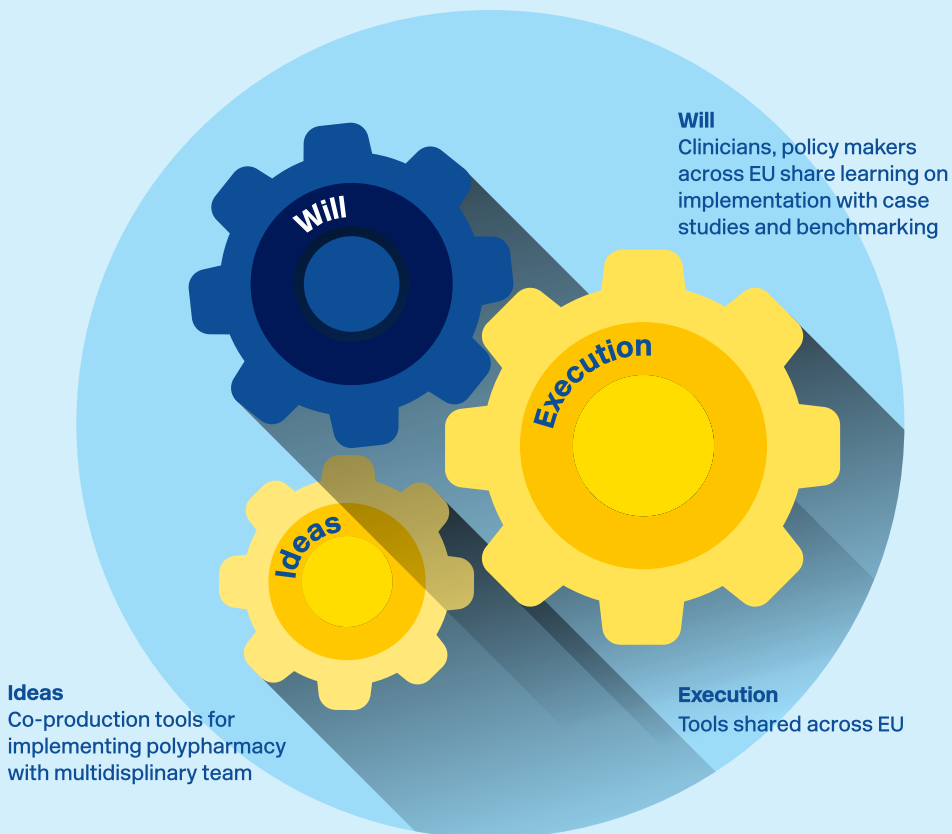
Stimulating Innovation Management of  
Polypharmacy and Adherence in The Elderly

# Inappropriate Polypharmacy

## A Major Health Issue

50% of the people taking 4 or more medicines don't take them as prescribed.

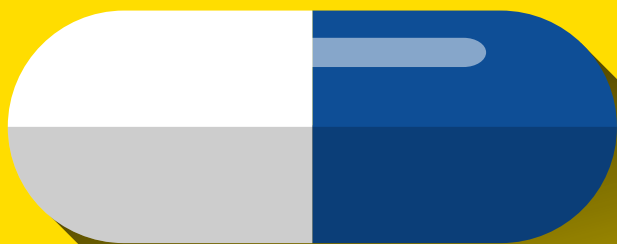
Changing the approach to multiple prescriptions requires a "collective" and joint effort involving different stakeholders.



Co-funded by  
the Health Programme  
of the European Union

This leaflet is part of the SIMPATHY project (663082), which has received funding from the European Union's Health Programme (2014-2020).

The final outcome of the project will be a strategic approach guiding interventions in polypharmacy and adherence management.



## **This SIMPATHY approach will:**

Have a positive impact on health outcomes and quality of life for patients with comorbidities in the EU by reducing inappropriate polypharmacy.

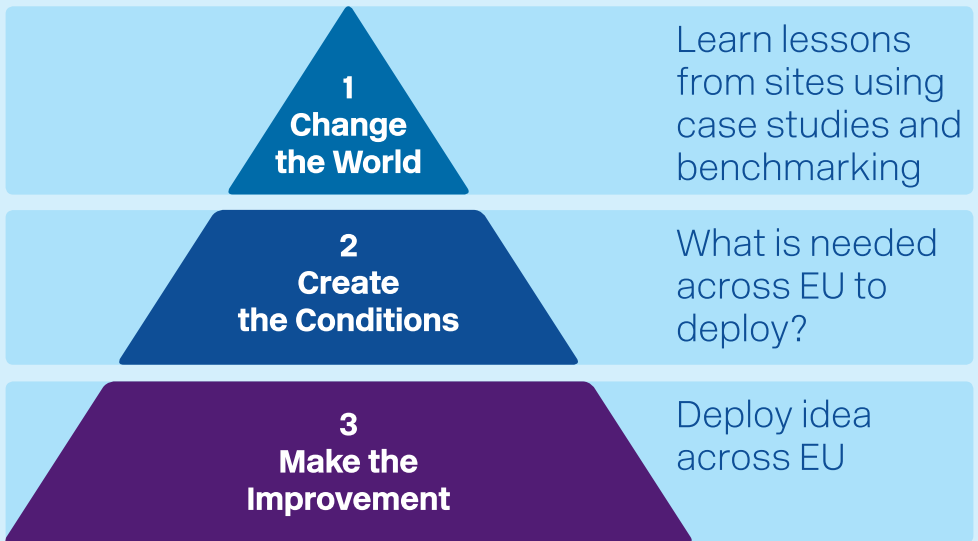
Increase patient adherence and empowerment.

Integrate pharmacist expertise, as a fundamental component in the process of care, through their involvement in multidisciplinary teams.

Facilitate exchange and adoption of good practices across EU member states.

Secure the commitment of all relevant stakeholders to a task force to make a change in the management of polypharmacy at the EU level.

# Our Vision



## SIMPATHY Work Plan

### **Case Studies**

In depth studies to understand current practices showcasing different approaches to polypharmacy management in the EU.

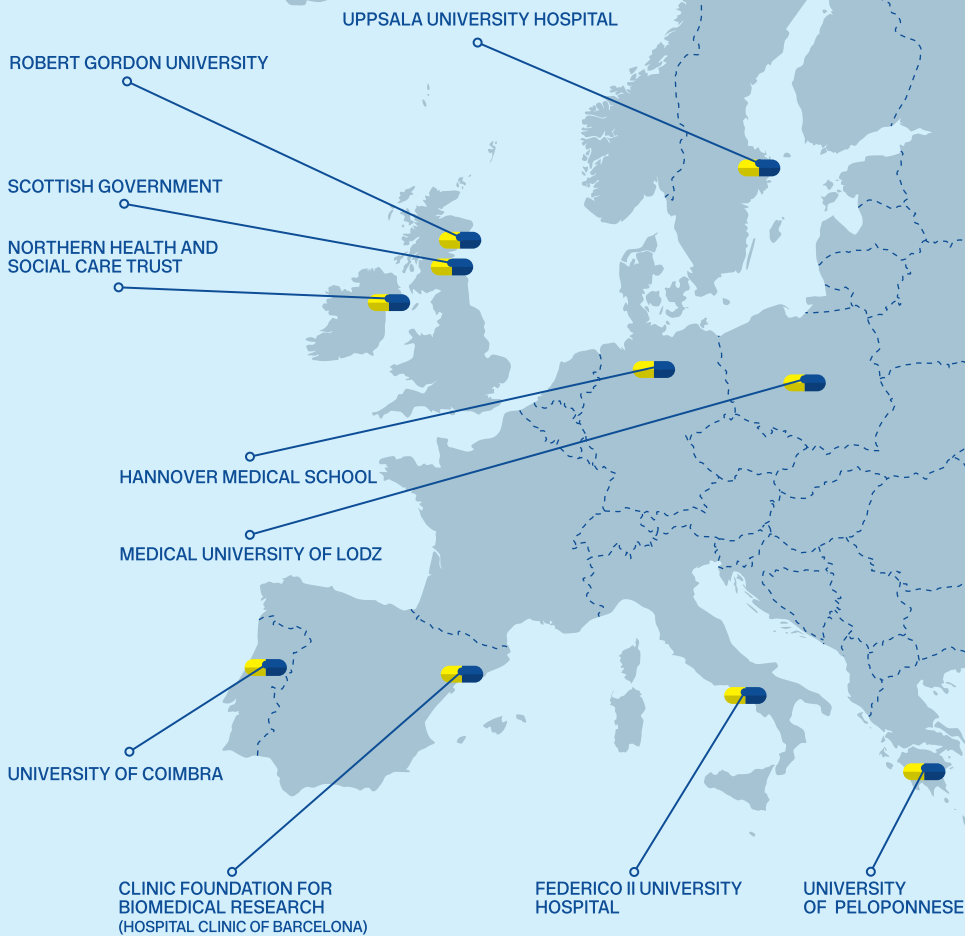
### **Benchmarking of European Strategies**

Europe wide regional and local benchmarking survey identifying strategies of polypharmacy and non-adherence management.

### **Policy and Change Management**

Development of strategies and tools to support innovation in polypharmacy and adherence management.

# 10 Organisations



[www.simpathy.eu](http://www.simpathy.eu)

## Partners:

