61st Annual and Scientific Meeting
Towards an Age-Friendly Future

Thursday 19th September 2013

19.00-21.00  Sponsored Symposium – Lundbeck
Venue: RCSI. St. Stephen’s Green
Chair: Professor David Williams, Geriatric & Stroke Medicine, RCSI, Consultant Stroke Physician, Beaumont Hospital
Dr. Graham Hughes, Consultant in Geriatric Medicine, St. Vincent’s University Hospital Dublin – Parkinson’s Disease in the Older Person; Professor Dan Healy, Consultant Neurologist, RCSI and Beaumont Hospital Dublin – Anatomical Correlations in Parkinsonian Syndromes.

Friday 20th September 2013

07.45-09.45  Registration

08.00-09.00  Sponsored Symposium – Novartis
Venue: Croke Park Conference Centre
Chair: Dr. Ronán Collins, Consultant Physician in Older Adult & Stroke Medicine, AMNCH
Dr. Mike Henry, Consultant Respiratory Physician, Cork University Hospital – Chronic Obstructive Pulmonary Disease in the Elderly.

09.45-09.55  Welcome Address
Professor J. Bernard Walsh, President, Irish Gerontological Society
(Hogan Mezzanine II with live AV feed to Mezzanine 1)

<table>
<thead>
<tr>
<th>Session 1</th>
<th>Hogan Mezzanine II</th>
<th>Hogan Mezzanine I</th>
</tr>
</thead>
<tbody>
<tr>
<td>Co-chairs</td>
<td>Co-chairs</td>
<td></td>
</tr>
<tr>
<td>Dr. Clare Fallon</td>
<td>Head of Stroke Unit, Midlands Regional Hospital, Mullingar, and Undergraduate Dean, RCSI</td>
<td>Dr. Frances Horgan, Senior Lecturer in Physiotherapy, RCSI</td>
</tr>
<tr>
<td>Professor David Williams</td>
<td>Geriatric &amp; Stroke Medicine, RCSI, Consultant Stroke Physician, Beaumont Hospital</td>
<td>Clare O’Sullivan, Director of Postgraduate Education for the School of Clinical Therapies, Department of Occupational Therapy, UCC</td>
</tr>
</tbody>
</table>

10.00-11.00  Therapeutics and Prescribing  Environment & Ageing

O1 Potentially Inappropriate Medication Use in Nursing Home Residents Attending the Emergency Department.
O2 Effect of Blood Pressure Lowering Using Antihypertensive Drugs on Ability to Carry out Activities of Daily Living in Participants with Hypertension or Pre-Hypertension: A Systematic Review and Meta-Analysis of Randomized Controlled Trials.
O6 Location, Location, Location; Acute Geriatric Units in the Irish Setting
O7 Assessing the Age-Friendliness of Purpose-Built Retirement Communities
O8 Rural informal practices, social exclusion and age-friendliness
O9 Great Northern Haven: From Raw
O3  The Effect of the Introduction of a Line Extension and Generic Competition on Prescribing within the Osteoporosis Market Segment

O4  Analgesic and concurrent medication utilisation amongst adults aged 65 years and older: a cross-sectional study of the Irish population

O5  Prevalence, Patterns and Factors Associated with Polypharmacy and Excessive Polypharmacy in an Ageing Population with Intellectual Disability In Ireland

11.00-11.30  Tea/Coffee, poster viewing and exhibition

11.30-12.00  Keynote Update:  Brain Banking and Dementia - Where to Next?
Professor Michael Farrell  FRCPI, FRCPat, FRCPC  Neuropathologist, Beaumont Hospital
(Hogan Mezzanine II with live AV feed to Mezzanine I)

Session 2

<table>
<thead>
<tr>
<th>Hogan Mezzanine II</th>
<th>Hogan Mezzanine I</th>
</tr>
</thead>
<tbody>
<tr>
<td>Co-chairs</td>
<td>Co-chairs</td>
</tr>
<tr>
<td>Professor Ciaran Donegan, Geriatric &amp; Stroke Medicine, Consultant in Geriatric Medicine, Beaumont Hospital/RCSI</td>
<td>Dr. Mary Cosgrave, Executive Clinical Director, North Dublin Mental Health Services</td>
</tr>
<tr>
<td>Dr. Rory McGovern, Consultant Physician/Geriatrician, St. Luke’s Hospital, Kilkenny</td>
<td>Professor Thomas Scharf, Director, Irish Centre for Social Gerontology, NUI Galway</td>
</tr>
</tbody>
</table>

12.00-13.30  Biology of Ageing, Atrial Fibrillation  Psychology & Mental Health

| O10  Sustained Attention Mediates the Relationships between Executive Function, Cognitive Processing Speed and Frailty in the Older Adult Population. | O16  The role of the screening section of a standardised diagnostic interview in determining the burden of mental illness in later life |
| O12  Effects of Centrally Acting Angiotensin Converting Enzyme Inhibitors on the Rate of Cognitive Decline and Activities of Daily Living in Dementia | O18  The Impact of Visual and Hearing Deficits on Cognition: Task-specific or General? |
| O13  Instability of Renal Function in Older Subjects Requiring Anticoagulation for Secondary Prevention of Atrial Fibrillation following Stroke | O19  Use of the Quick Memory Check, a Caregiver Administered Test, for Cognitive Impairment |
| O14  Awareness of Atrial Fibrillation in Ireland and Public Priorities for Treatment | O20  Which Short Cognitive Test Might Be Suitable for Serial Testing to Detect Delirium in Hospitalised Older People? |
| O15  Towards a Smart App for Increasing Awareness and Detection of Atrial Fibrillation in the Community. Translating Findings from the Irish Longitudinal Study on Ageing into Practice | O21  Do the NICE delirium screening criteria detect delirium? |
|                       | O22  Patient Absconsion from a Geriatric Ward |
### Session 3

**Hogan Mezzanine II**

Co-chairs  
**Professor J. Bernard Walsh.** Clinical Professor of Medical Gerontology, Director, Mercer’s Institute, St. James’s Hospital  
**Dr. Mike O’Connor.** Consultant Geriatrician, Cork University Hospital/St. Finbarr’s Hospital

**Bones & Falls (I)**

| O23 | Characterising falls risk factors and health care utilisation in patients with a low trauma wrist fracture attending a physiotherapy clinic |
| O24 | Data from the Irish Hip Fracture Database, IHFD ‘Better, safer care’ |
| O25 | Prevalence of Fractures and Fracture Prevention in Community Dwelling Older Adults |
| O26 | Characteristics of the Bone Cohort of TUDA |

**Critical Perspectives**

| O27 | A Platform for Research on Aging: The Canadian Longitudinal Study on Aging |
| O28 | Ageing research and philanthropy in Ireland: An overview |
| O29 | ‘Knowing more’ and ‘knowing better’ – valuing older people’s knowledge and expertise as peer researchers in a study exploring understandings of elder abuse |
| O30 | Generational Observing: Re-Imagining Intergenerational Relations |

### Keynote Update: The Health and Wellness of the Aging Population in Canada: Seizing the Opportunities and Facing the Challenges

**Professor Yves Joanette,** PhD, FCAHS, Scientific Director, Institute of Aging, Canadian Institute of Health Research, Faculty of Medicine, Université de Montréal  
(Hogan Mezzanine II with live AV feed to Mezzanine I)

### Session 4

**Hogan Mezzanine II**

Co-chairs  
**Dr. Rose Galvin.** Post-Doctoral Research Fellow & Lecturer in Physiotherapy, School of Physiotherapy, RCSI  
**Professor Eamon Mulkerrin.** Consultant Physician & Geriatrician, NUI Galway

**Bones & Falls (II)**

| O31 | Low Spatial Frequency Contrast Sensitivity but not Visual Acuity is Associated |

**Hogan Mezzanine I**

Co-chairs  
**Mary Foley.** Advanced Nurse Practitioner, St. Finbarr’s Hospital, Vice-President, All-Ireland Gerontological Nurses Association  
**Dr. Siobhan Kennedy.** Consultant Geriatrician, Connolly Hospital

**Continuing Care**

with Spatial Gait Parameters in Older Adults

O32  Is Vitamin D Deficiency Being Adequately Treated in Patients with Osteoporosis?

O33  Implementation of Care Standards for Hip Fracture Care in an Irish Hospital: Results from the National Hip Fracture Database

O34  Does the CHA2DS2VASc score Predict Falls?

O35  Correlates Of Vitamin D In Older Irish Adults

O37  Appropriateness of continuing care placement – A prospective Study

O38  “Why can’t older people die in nursing homes anymore?”: Hospital Staff perceptions of older people and nursing home residents as acute hospital service users

O39  Surveillance demonstrates how risk factors, healthcare-associated infections and antimicrobial use are prevalent in residents of Irish long-term care facilities

O40  Prevalence and Types of Elder Abuse in Residential Care Facilities in Ireland

O41  Inter-personal and institutional financial mistreatment of older people a question of a ‘position of trust’

17.45-18.45  Willie Bermingham Lecture:
'Re-thinking Care in Later Life: the Social and the Clinical'
Professor Chris Phillipson, Professor of Sociology and Social Gerontology, University of Manchester
(Hogan Mezzanine II with live AV feed to Mezzanine I)

19.30  Dinner at Croke Park Conference Centre
Saturday 21st September 2013

08.30-09.30  Registration

09.30-10.00  Keynote Update: ‘Interface Geriatrics ’: acute/emergency care of older people
Dr Simon Conroy, Head of Service Geriatric Medicine, Department of Cardiovascular Sciences, University of Leicester, UK
(Hogan Mezzanine II with live AV feed to Mezzanine I)

Session 5  Hogan Mezzanine II  Hogan Mezzanine I

Co-chairs
Dr. Alan Martin, Geriatric & Stroke Medicine, Consultant Geriatrician, Beaumont Hospital/RCSI
Dr. Diarmuid O’Shea, Consultant Physician in Geriatric Medicine, St. Vincent’s University Hospital

Co-chairs
Dr. Rose Galvin, Post-Doctoral Research Fellow & Lecturer in Physiotherapy, School of Physiotherapy, RCSI
Professor Tom Scharf, Director, Irish Centre for Social Gerontology, NUI Galway

10.00-11.00  Emergency Medicine  Health & Wellbeing (1)

O42 Dysphagia In Nursing Home Residents Attending The Emergency Department
O43 Outcomes of Nursing Home Residents’ Acute Presentations to an urban teaching hospital in 2012
O44 Characteristics and outcomes of community dwellers aged > 80 re-attending the Emergency Department (ED) of an Irish urban teaching hospital
O45 A Profile of Elderly Fallers Referred for Physiotherapy in the Emergency Department of a Dublin Teaching Hospital
O46 Clinical Characteristics of older Human Immunodeficiency Virus (HIV+) patients

O47 Perceptions, supports and expectations influence exercise activity in frail older adults
O48 Influences on exercise behaviours of frail older adults in the acute setting
O49 The Impact Of High Intensity Exercise On Outcome In People With Parkinson’s Disease: A Systematic Review
O50 Aiming For Home: The Effectiveness Of Occupational Therapy Intervention In Facilitating Goal Achievement In A Frail Elderly Active Rehabilitation Unit
O51 EMERALD, Elderly Medicine Early Review And Liaison for Discharge

11.00-11.30  Update on National Clinical Programme
Dr. Diarmuid O’Shea, Consultant Geriatrician, St. Vincent’s Hospital, Clinical Lead, National Clinical Programme for Older People
(Hogan Mezzanine II with live AV feed to Mezzanine I)

11.30-12.00  Refreshments, poster viewing and exhibition

12.00-12.30  Keynote Update: Acute Intervention for Stroke
Dr. Paul Brennan, Consultant Radiologist and Clinical Director, Beaumont Hospital
(Hogan Mezzanine II with live AV feed to Mezzanine I)
<table>
<thead>
<tr>
<th>Session 6</th>
<th>Hogan Mezzanine II</th>
<th>Hogan Mezzanine I</th>
</tr>
</thead>
<tbody>
<tr>
<td>Co-chairs</td>
<td></td>
<td>Co-chairs</td>
</tr>
<tr>
<td><strong>Professor Joseph Harbison</strong>, Consultant Stroke Physician and Geriatrician, St James's Hospital, and Department of Medical Gerontology, TCD</td>
<td><strong>Mo Flynn</strong>, Chief Executive Officer, Our Lady's Hospice and Care Services</td>
<td></td>
</tr>
<tr>
<td><strong>Professor David Williams</strong>, Geriatric &amp; Stroke Medicine, RCSI, Consultant Stroke Physician, Beaumont Hospital</td>
<td><strong>Clare O’Sullivan</strong>, Director of Postgraduate Education for the School of Clinical Therapies, Department of Occupational Therapy, UCC</td>
<td></td>
</tr>
<tr>
<td>12.30-13.45</td>
<td><strong>Stroke &amp; Cardiovascular</strong></td>
<td><strong>Health &amp; Wellbeing (2)</strong></td>
</tr>
<tr>
<td>O52  The pre-stroke modified Rankin Scale is an important independent predictor of thrombolysis outcome</td>
<td>O60  An alternative model of Interim Care (IC)</td>
<td></td>
</tr>
<tr>
<td>O53  Patterns of Activity and Reliability of an Acute Stroke TeleMedicine Service – DML Stroke Network</td>
<td>O61  Prevalence, Patterns and Healthcare Burden of Multimorbidity in the older Irish population</td>
<td></td>
</tr>
<tr>
<td>O54  Inpatient Strokes: clinical characteristics and outcomes</td>
<td>O62  The Frailty Index in Europeans: Association with Determinants of Health</td>
<td></td>
</tr>
<tr>
<td>O55  Acute Stroke Unit Improves Stroke Management-4 Years on from INASC (Irish National Audit of Stroke Care)</td>
<td>O63  Patterns of multimorbidity in an ageing population of people with an intellectual disability: Results from the intellectual disability supplement to the Irish longitudinal study on ageing (IDS-TILDA)</td>
<td></td>
</tr>
<tr>
<td>O56  Low rate of ipsilateral stroke distal to asymptomatic carotid stenosis</td>
<td>O64  The role frailty syndrome can play in supporting and targeting resources in our ageing population - high prevalence of frailty syndrome in a population attending the day hospital</td>
<td></td>
</tr>
<tr>
<td>O57  Prevalence of Intra-cranial Bleeds at a General Hospital from 2008 to 2010</td>
<td>O65  Screening for Markers of Frailty and Perceived Risk of Adverse Outcomes Using The Community Assessment of Risk Tool (CART)</td>
<td></td>
</tr>
<tr>
<td>O58  Prevalence Of White Coat Hypertension In Older Irish Adults: A Primary Care ABPM Database</td>
<td></td>
<td></td>
</tr>
<tr>
<td>O59  The Prevalence of Orthostatic Hypotension and Spectrum of Orthostatic Blood Pressure Control in Older Community Dwelling Adults</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

13.45-14.00  **Awards and Close of Conference**