



Irish
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Stepping Forward with Confidence

An All-Ireland Frailty Network event to celebrate the International Day of Older Persons 2021

Friday 1st October 2021 13:00 – 15:00 IST

via Zoom Webinar: https://zoom.us/webinar/register/WN_G9fTggBcTki0tgiKcQt15w

On this year's International Day of Older Persons, and after so many pandemic-related challenges, the Irish Frailty Network and the Northern Ireland Frailty Network come together to bring you an All-Ireland online event hosted by the Irish Gerontological Society. This event will showcase developments across education, quality improvement, research, policy and the lived experience. Together, we will step forward with confidence towards a renewed focus on the post-pandemic needs of older persons living with frailty. The event will also highlight opportunities for cross-collaboration and cross-learning between north and south networks.

Programme – Part 1 (13:00 – 13:45)

Celebrating the International Day of Older Persons 2021 after a pandemic: we need to step forward with confidence

- Prof. Rose Anne Kenny, President of the Irish Gerontological Society
- Dr Paschal McKeown, Charity Director, Age NI

The lived experience of frailty and the need for advocacy

- Ms Bibiana Savin, Acting Regional Manager – Southern Region, Sage Advocacy

The Northern Ireland Frailty Network – from inception to where we are now

- Ms Alison Patterson, Frailty Network Coordinator, Public Health Agency

The Irish Frailty Network – from inception to where we are now

- Prof. Roman Romero-Ortuno, Associate Professor Consultant, Trinity College Dublin and St James's Hospital
- Dr. Rónán O'Caomh, Consultant Geriatrician, Mercy University Hospital, Cork

The policy focus on older people living with frailty: north and south perspectives

- Prof. Charlotte McArdle, Chief Nursing Officer for Northern Ireland
- Ms Rachel Kenna, Chief Nursing Officer in Ireland

A music and poetry interlude

- Ms Marina Cassidy, Music Therapist and Artist in Residence, Creative Life Centre, Mercer's Institute for Successful Ageing, St James's Hospital



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Programme – Part 2 (13:45 – 15:00) **Developments in Education**

Perceptions of frailty in the emergency department: an educational initiative to improve frailty awareness among ED staff

- Dr Elizabeth Moloney, Geriatrician & Clinical Research Fellow, HRB CRF, Mercy University Hospital, Cork

Educating Junior Doctors on Frailty - Attracting the Next Generation of Geriatricians

- Dr William McKeown, ST5 Specialist Registrar, Altnagelvin Hospital - Western Health and Social Care Trust

The National Frailty Education Programme

- Ms Deirdre Lang, Director of Nursing/National Lead Older Persons Services, Office of the Nursing & Midwifery Service Director (ONMSD) and Clinical & Integrated Programmes

Development of an Education Model for Northern Ireland

- Dr Mark Bowman, Consultant Geriatrician, Ulster Hospital & Co-Chair of NIFN Education subgroup
- Ms Sarah Penney, Lecturer in Nursing, Ulster University & Associate Director My Home Life NI

Developments in Quality Improvement

A Frailty Care Bundle in Orthopaedic Trauma: from concept to implementation

- Prof. Corina Naughton, Professor of Clinical Nursing in Older Person's Healthcare, University College Cork and the Health Service Executive South/South Western Hospital group
- Dr Emer Ahern, Consultant Geriatrician, Cork University Hospital; Co-lead, Irish Hip Fracture Database

Involving older people in co-designing an intervention to reverse frailty and build resilience

- Dr John Travers, School of Medicine, University College Dublin; Trinity College Dublin HSE Specialist Training Programme in General Practice, Dublin

Our Frailty Journey

- Dr Rosemary Kelly, Consultant Geriatrician South Eastern Health and Social Care Trust, Specialty Advisor to CMO

Research Developments

Informing health and social care policy for older people in Ireland: the translation of TILDA research

- Prof. Aisling O'Halloran, Assistant Professor in Medical Gerontology, School of Medicine, Trinity College Dublin

The long-term effects of an exercise and sedentary behaviour intervention on behaviours and function: findings from the multi-country SITLESS intervention

- Prof. Mark Tully, Director of the Institute of Mental Health Sciences, Ulster University

Frailty findings from NICOLA

- Prof. Bernadette McGuinness, Professor in Geriatric Medicine, Centre for Public Health, Queen's University Belfast; Consultant Geriatrician, Belfast Trust

Promoting Physical and Mental Wellbeing in Older People during COVID-19

- Ms Siobhan Casey, Director of Marketing & Business Development at Age NI; Senior Atlantic Fellow for Equity in Brain Health at the Global Brain Health Institute

Closing remarks

Prof. Rose Anne Kenny and Dr Paschal McKeown